

# **DECEMBER 2023**

On the night before Christmas, a child in a house As the whole family slept, behaved just like a mouse And crept on soft toes down red-carpeted stairs Her hand held the paw of her favourite bear.

The Christmas tree posed with its lights in its arms Newly tinselled and baubles with glittering charms Flirting in flickers of crimson and green Against the dull glass of the mute TV screen

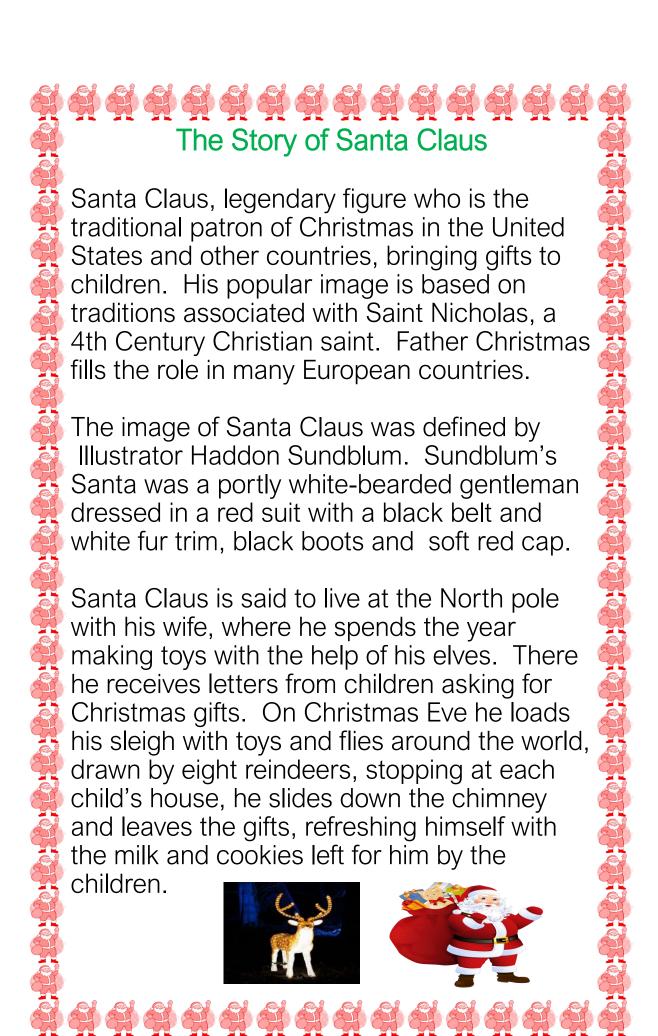
The hushed street was in darkness, snow diverted the cars

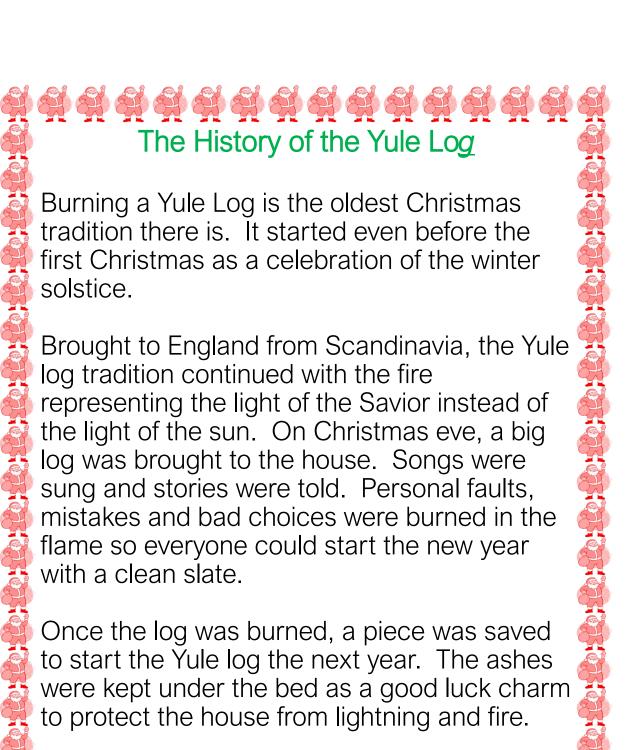
A stray cat had embroidered each roof with its paws
An owl on an aerial had planets for eyes
The child at the window stared up at the sky.



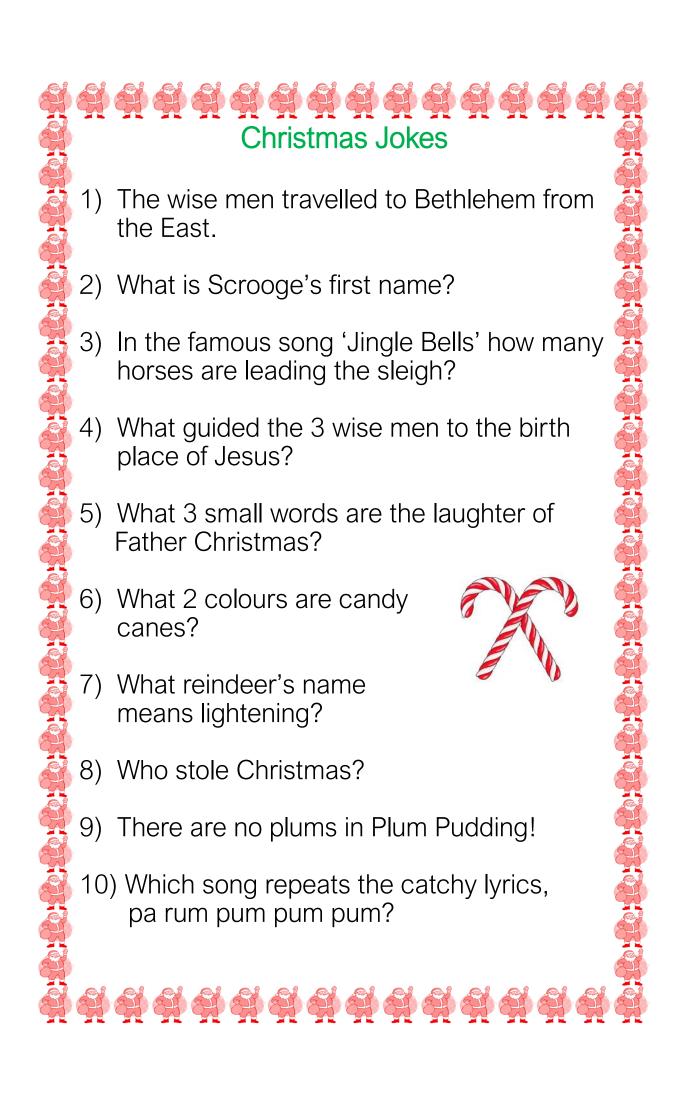














A tiny tree on a tiny table with tiny lights and tiny star on top waiting and hoping for a jolly old man with a large and white beard and rosy red checks, to stop by with gifts from his workshop.

## Merry Christmas

Carols in the distance Laughter everywhere I can smell Christmas Floating in the air.

Candy canes and bon bons
Angels top the tree
There is presents over yonder
One for you and me.

Tinsel wrapping round and round Candles light the night Making Santa's journey Sparkly and bright.

A very Merry Christmas

To your family and friends

May your new year bring happiness

And may the joyful times not end.

H H H H H H H H H H



- 1) True 2) Elbenezer 3) A one horse open sleigh
- 4) The star at Bethlehem 5) Ho Ho Ho
- 6) Red and white 7) Blitzen
- 8) The Grinch 9) True 10) Little Drummer Boy

### Thought for the month!

There is no happiness in having or in getting, but only in giving.

#### You are ACE

ACCPA Please follow this link and nominate
Jallarah or Anyone working
within Jallarah.
Thankyou

ACCPA

ACCPA

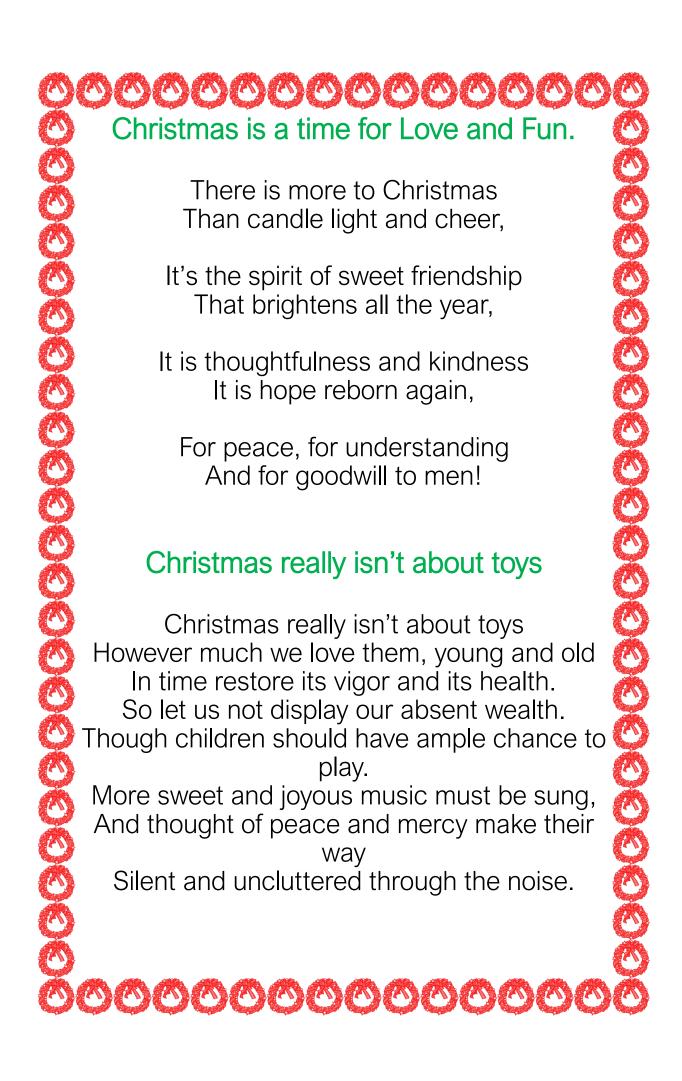
Aged & Community Care Providers Association

Click <u>here</u>, (or copy link https:// www.accpa.asn.au/ace/) then scroll down to click on the 'nominate here' box.

## **Staff Training & Education**

This is the training Staff have on the Current Training program

- SIRS (Serious Incident Reponse Scheme)
- Defensible Documentation
- Senior First Aid (Including CPR)
- Medication Credentialling



## Lifestyle Report

Melbourne Cup was on the 7th of November this year. Residents and staff were dressed up in their finery.

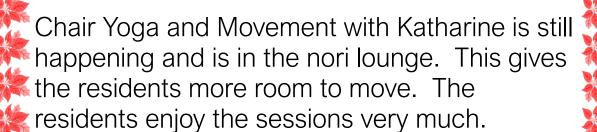
We had a lovely afternoon tea with yummy cakes and savoury.

Lots of us were lucky enough to get a place in the sweeps. We also had a prize for your horse coming last.



Jallarah got donated a knitted snakes and ladders game. The residents love to play it.





We go out on bus trips each month 2 short bus trips and a long lunch bus trip. This month we went to the Riverside Hotel at Tailem Bend. It was a lovely lunch overlooking the River

Murray.







Bingo is very popular and very competitive. Most days there is approximately 8 - 10 residents. Careers will join and help some residents who need a bit of a hand. Winners are excited to get a chocolate.

Remembrance day was on Saturday this year. Some residents came out to the dining room with careers to have a minute silence. The tables were decorated with a poppy and some rosemary on each table.

The residents also helped decorate the Xmas tree and put decorations around the Nori lounge and the dining room.









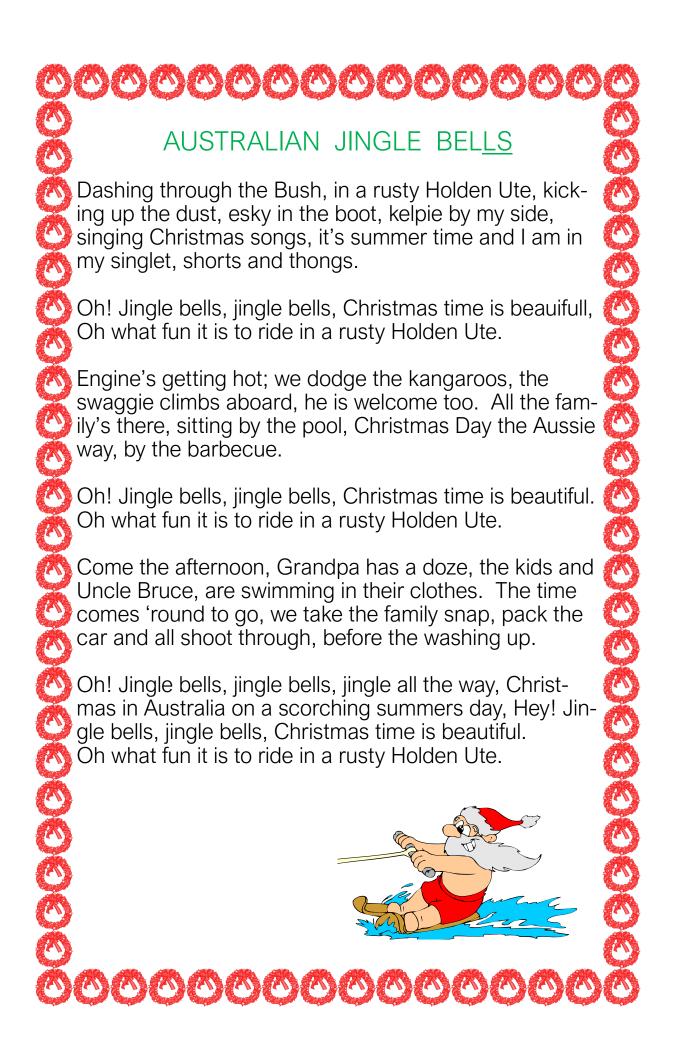














## **FEEDBACK**

Jallarah Homes Inc recognizes the need for an easy to manage, timely feedback mechanism for residents and their representatives. The Information and feedback gathered assists us to respond appropriately and improve the quality of service.

Please use the complaints mechanism to inform us about any issues including cultural safety and discrimination. All complaints will be dealt with sensitively and with respect to privacy issues.

Complainants will be informed of any action taken and the practice of open disclosure will be supported by staff and management.

#### If you have a complaint you may use any of the avenues below:

- Ask an advocate to act on your behalf
- Discuss the complaint with a staff member
- Complete a feedback form. Staff can help with this.
- Ask to see the EO/DON

If unsatisfied please Write to the Board of Management c/o Jallarah Homes Inc.

If you are not satisfied with any internal action you may approach the Aged Care Complaints Commissioner on 1800550552. Brochures with the details can be found in the foyer.

#### FIRE PLAN

#### \*\* RESIDENTS & FAMILY MEMBERS\*\*

There is a copy of the Fire Plan on the back of every Residents bedroom door that gives you directions in case of a Fire, Evacuation or Emergency

Please at all times follow the directions given by staff