




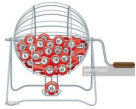















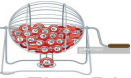











FEBRUARY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 1.30 Chair Yoga 	2 1.30 Golf 	3 Family and Friends 
4 Church 	5 9.30 - 11.30 Walking Group  2.00 Valentines Day Colouring In	6 1.30 Bingo  5.00 Fine Dining with Nancy	7 1.30 Resident Meeting  2.00 Valentines Day Craft 	8 1.30 Bus Trip 	9 1.30 Walking Group 	10 Family and Friends 
11 Church 	12 2.00 Valentines Day Craft 	13 Shrove Tuesday Pancakes for Morning tea  1.30 Bingo	14 Valentines Day  1.30 Uniting Church Service 	15 1.30 Chair Yoga  2.00 Resident Shopping	16 1.30 Movie Day  Forever my Girl	17 Family and Friends 
18 Church 	19 9.30 - 11.30 Walking Group  2.00 Quizzes	20 1.30 Bingo  5.00 Fine Dining with Pauline	21 11.00 ARAS Meeting for residents  1.30 Whiteboard Alphabetical Game	22 1.30 Bus Trip 	23 2.30 - 4.00 Ballroom Dancing 	24 Family and Friends 
25 Church 	26 2.00 One-on-Ones 	27 1.00 Mystery Bus Trip 	28 1.30 Birthday Celebrations 	29 1.30 Chair Yoga  2.00 Resident Shopping		